

# The beauty of sailing

[Posted from Olbia, Sardinia, Italy.](#)

I think this photo captures the solitude and tranquility that provides a natural counterpoint to alarming angles of heel, strong winds, too much sail, rough seas and the constant reminder that sailing is a water sport.

Here we were, so becalmed, with no particular destination in mind, that we didn't even bother with sails! Swim anyone?